

An action-packed itinerary of language, culture and adventure for teenagers, young adults & families.

Specially designed programmes for each age group delivered from our wonderful campuses at Truro High School or Falmouth University. Choose from a 1-3 week course.

Week 1

Day	9.30am – 12.45pm (inc. 15 min break)	Break	Afternoon / Evening Excursions
Sunday	Arrival in the UK, transfer to Truro. Settle in & orientation		
Monday	English classes		Coasteering and watersports in Falmouth
Tuesday	English classes		Sports, games & swimming
Wednesday	English classes		Cycle the Camel Trail & afternoon in Padstow
Thursday	English classes		Sports, games & swimming
Friday	English classes		Minack Theatre & Porthcurno
Saturday	St Ives, Tate St Ives, surfing lessons & fish'n'chips		

Week 2

Day	9.30am – 12.45pm (inc. 15 min break)	Break	Afternoon / Evening Excursions
Sunday	Week 2 arrivals / Week 1 departures + relaxing in Truro & cinema night		
Monday	English classes		Tintagel Castle & King Arthur
Tuesday	English classes		Sports, games & swimming
Wednesday	English classes		St Michael's Mount & Stand-up Paddleboarding
Thursday	English classes		Sports, games & swimming
Friday	English classes		Trip to the Eden Project
Saturday	Newquay, shopping, surfing lessons & burger night		
Sunday	Farewell & return transfers		

English classes

Each morning students will take part in our fun and engaging English language classes! Students get to practice and develop their English language skills in a small group with students of a similar level and age.

Our qualified and enthusiastic teaching team provide lessons to practice all four skills: reading, writing, speaking & listening. The main focus will be on natural, spoken English and students will get to learn lots about the history and culture of Cornwall with lessons closely linked to the activity programme.



Watersports

Cornwall is surrounded by the sea with hundreds of fantastic beaches to choose from!

As part of our programme, you are going to have loads of fun enjoying a variety of different watersports.

From surfing to stand-up paddleboarding and coasteering, all the watersports we offer are delivered by our expert partners with their teams of staff who love helping young people enjoy new challenges.

Even if you have never tried these sports before, Cornwall is the perfect place to try them for the first time. We work with some brilliant organisations who will ensure you are completely safe in the water and that everyone has a great experience!



Cycle the Camel Trail & visit Padstow

Another great Cornish treat is to cycle along the Camel Trail. The route follows an old disused railway line along the River Camel until you reach the pretty little harbour town of Padstow. It is a 6km level cycle each way to Padstow and back. The route is completely safe as there are no cars, students can just enjoy cycling together alongside the river all the way to Padstow.

Once we arrive in the town, you will have some time to explore and get a tasty ice-cream before the cycle back.



Tintagel Castle & King Arthur

One of the most famous legends from Cornwall is the story of King Arthur. After learning about King Arthur's connection to Cornwall in class, we will head off to the amazing castle where King Arthur was born in Tintagel.

The location is spectacular with a wonderful new bridge connecting the mainland to the castle. Of course, there will also be time to explore the ancient, magical town of Tintagel to buy some special King Arthur souvenirs too.



St Michael's Mount & Stand-up Paddleboarding (SUP)

The trip to St Michael's Mount is a guaranteed student favourite.

We always make sure we take you at the perfect time so you get to experience the changing tides. At low tide you can walk across to the island but then when the tide comes in, the only way to the island is by boat.

For those students who like an extra challenge, it is great fun to walk back to the mainland just as the tide is coming in!

As well as visiting the castle, the bay around St Michael's Mount is perfect for a bit of SUP.





place to learn about the importance of preserving our plant biodiversity around the world.

For anyone who needs an extra adrenaline fix, there is the option to try the amazing Eden zipwire!

The Eden Project

Since opening in 2001, the Eden Project has become a world-famous tourist attraction.

Where else in the world, can you go from tropical rainforest to a Mediterranean paradise within a few footsteps?

The huge biomes that house the Eden Project are among the biggest in the world and it is such an amazing



Minack Theatre



Our afternoon and evening excursion to the Minack Theatre is always one of the highlights of our summer programme. The Minack is a spectacular outdoor theatre carved into the cliff.

We will arrive in the afternoon to enjoy some time on Porthcurno beach before climbing the cliff for the evening performance.



We have had some of our most memorable evenings here watching a play as the sun goes down and with dolphins in the bay below.

Newquay & St Ives

Two of the best seaside towns in the whole of the UK!

They are the perfect places for our weekend excursions. Our teenage students love walking round these towns to buy souvenirs and surfing t-shirts!

Before exploring these seaside towns, the students will get plenty of time in the water for their surfing lessons.



Newquay is the home of UK surfing and both towns have some fantastic surf schools with great teachers and wonderful safe beaches to try your first waves! For students who already surf, we can also provide intermediate lessons.



Then, we end the day with a tasty meal out. We normally go for traditional fish'n'chips on one of the days and then a burger feast on the other. All the restaurants we go to can cater for various dietary needs and we will make sure everyone gets a great feast to enjoy!



Truro High School

We have been working with Truro High School since 2018. This prestigious private school in the centre of Truro offers some fantastic facilities for our Junior Residential programme.

Accommodation

Firstly, the boarding house offers excellent, comfortable accommodation for our students, staff and group leaders.

Boys and girls are accommodated on separate floors and all access is securely protected by key code doors.



Each room sleeps 2-4 students and has its own en-suite bathroom facilities. There are also a selection of common room areas for students to relax and socialize.

Our staff are available and on-site 24 hours per day.

Dining Room & Food

All food is freshly prepared on site by the Truro High School catering team. They are happy to cater for all dietary needs (as long as we know in advance). All the students, Language Tree staff and group leaders can eat together in the beautiful, large modern dining room.

In the mornings there will be a buffet service, continental breakfast with cereals, toast and pastries available alongside hot and cold drinks.

Lunch is provided as a freshly made packed lunch for students to take on their excursions and activities.

Then in the evenings, there will always be a hot meal with both vegetarian and meat options. Plus, a tasty pudding. As everything is prepared freshly on site, we can prepare meals to suit your tastes. We are always keen to discuss this with our groups in advance so meals are enjoyed and food waste is minimised.

Facilities

Truro High has some wonderful sporting facilities for us to enjoy and make use of. From tennis courts to football pitches, athletics track and a fantastic indoor swimming pool. We will make full use of these on our sports afternoons at the school.

One of our favourite parts of our junior programmes are the international sports afternoons. Our Activity Leaders are great at creating a mini Olympics atmosphere of fun and activities.

In addition to the sports facilities, we also have a fantastic suite of classrooms to use. All the classrooms have all the state-of-the-art equipment to deliver high quality lessons using digital media alongside course books. Students will have the space to work in small groups with students with a similar level to them.



Falmouth University Campus

Falmouth University is one of the best universities in the UK for the Creative Arts.

The local population of Falmouth & Penryn is around 35,000. It is a beautiful location at the mouth of the Fal Estuary which is world-famous for sailing and watersports.

The harbour towns of Falmouth and Penryn are lively student towns and there is always lots going on, plus there are three different beaches to enjoy around the two towns.

Accommodation & classrooms

All the classrooms, accommodation, dining and leisure facilities are located on the same campus and everything is within a few minutes walk.

The accommodation has been designed as a student village. There are lots of trees and gardens and it is just a short walk from the accommodation to the main teaching buildings.



The modern accommodation is provided in flats with 7 bedrooms in each flat. Each student will have a private room with en-suite bathroom. And each flat has a shared living room and kitchen for students to use (please see the floor plan on the next page).



In each accommodation block, there are four floors with 7 flats on each floor. Each floor and the whole accommodation block is protected by security doors that require a key code. Students will have keys for their own rooms. Males and females will be accommodated in separate flats.

Staff and group leaders will be accommodated near the students. Our staff are available and on-site 24 hours per day.

Dining Room & Food

All the food is freshly prepared on site by the university catering team. Each day the students will have: a buffet breakfast, a packed lunch and 2 course evening meal.

In the mornings there will be a buffet service, continental breakfast with cereals, toast and pastries available alongside hot and cold drinks.

Lunch is provided as a freshly-made packed lunch for students to take on their excursions and activities.



Then in the evenings, there will always be a hot meal with both vegetarian and meat options. Plus, a tasty pudding. As everything is prepared freshly on site, we can prepare meals to suit your tastes. We are always keen to discuss this in advance so meals are enjoyed and food waste is minimised.



Example layout: 7 Bedroom flat



Host family accommodation

Our host families are a key part of our overall programme and we try to make sure we place you with the best host family suited to your needs and interests.

Before joining your course in the UK, we will have matched you to your host family and we put you in touch with them to exchange an initial greeting before your arrival.

When you arrive in Truro, your host family will be ready to meet you and help you feel settled and relaxed in Cornwall from the moment you arrive.

We have host families who can host 1-3 students in their house. You will only share a room if you are coming as part of a group and you have indicated that you would like to share.

We are proud to say we know all our host families personally. We inspect all our accommodation every year and all our host families have full DBS (UK police) checks.

We also know our host families are really interested in welcoming international students to come and stay in their house and to introduce them to an English cultural experience.

All our host families provide full board accommodation so you will have a packed lunch to take to school each day to enjoy at lunchtime. You will be matched to a host family who can easily cater for any dietary needs you may have.

As well as the activity and excursion programme you will enjoy with Language Tree, your host family may well also have some little activities for you to enjoy with them too.

Each morning your host family will bring you to school and then at the end of the day, they will pick you up to take you home for the evening.

