



Family Programme 2020

1 week programme



Day	9 – 1	Lunch	1.30 – 6	Afternoon / Evening
Sat 18 th July	Arrival & welcome supper			
Sunday 19 th	Coast walk: Chapel Porth to Perranporth & horse-riding on Perranporth beach			
Monday 20 th	English classes		Padstow & cycle the Camel Trail + Stein's fish'n'chips	
Tuesday 21 st	English classes		St Michael's Mount & Penzance	
Wednesday 22 nd	English classes		Tintagel & Tintagel Castle – birthplace of King Arthur	
Thursday 28 th	English classes		Beach BBQ & surfing / watersports	
Friday 29 th	English classes		Porthcurno Beach & Minack Theatre	
Saturday 30 th	Departure			

Key features:

- English classes** – 4 hours of tailored English classes each morning from 9am – 1pm for both the adults and the children.

The adult classes will be focused around key topics, grammar and English language teaching skills. Please specify any particular things you would like to study during your course and we will endeavour to include it in the programme.

The children will join our other groups of young learners. These classes are split into two sessions and they will be studying with children of a similar age and level. The first session will be an engaging language / grammar class. The second session will be more focused on topics connected to Cornwall and the UK. The students will learn about the history and culture of the UK and in particular, Cornwall.



- Coast walk (& horse-riding): Chapel Porth to Perranporth** – This 2-hour coast walk will start at Chapel Porth beach from where you will walk up to Wheal Coates mine. This is one of those famous picture postcard views of the Cornish coastline. It is then a 45 minute walk along the coast to the pretty village of St Agnes with the Driftwood Spars pub – a lovely traditional English pub. Another hour along the coast path will get you to Perranporth, an amazing, huge beach with over three miles of long, golden sand. This is where the horse-riders will be enjoying their horse ride through the dunes and along the beach at Perranporth. We will all meet at the Watering Hole – a fun pub right in the middle of Perranporth beach to share our adventures from the morning. There will also be time to swim in the sea and go surfing for those who would like to.

- Tintagel & Tintagel Castle** – This is one of the most magical and mystical places that are famous all over the world. Tintagel Castle has a history going far back into the Dark Ages of European history. You can still see the remains of the first ancient castle and chapel that were built here. The dramatic location has a magical feeling. Starting at the bottom of the island we will be able to enjoy some time on the beach and to go into Merlin's Cave. We will then begin the climb to the top of the island through the remains of various different castles that have been built on the island. After enjoying the dramatic views, the students will have some time to explore Tintagel village itself. It is a lovely little town full of little shops dedicated to King Arthur and Arthurian legend. Great fun to browse and explore!



4. St Michael's Mount, Jubilee Pool & Penzance – at low tide you can walk across the beach to St Michael's mount – an interesting National Trust property – and a great place to look out over the whole of the bay of Penzance. After enjoying St Michael's Mount, we will head into Penzance. This is a great town with lots of independent, quirky shops and art galleries. There is also the famous Admiral Benbow pub, it is hundreds of years old and when you are inside it feels like you are on a ship!

Hopefully, by the summer the Jubilee Pool will have reopened. This is an outdoor lido pool. It is currently being renovated as part of an exciting geothermal project and is due to open again in Summer 2020. It will be lovely to visit the pool for a swim and to just sunbathe, chat and have a coffee in this beautiful Victorian lido.



5. Padstow & the Camel Trail – Another great Cornish treat is to cycle along the Camel Trail. The route follows an old disused railway line along the river estuary until you reach the pretty little fishing harbour of Padstow. It is a 6km level cycle each way. We will organise the bikes and then cycle together to Padstow. The route is completely safe as there are no cars, you can just enjoy the beautiful view of the river and then the beach as you approach Padstow.

The town has now become famous as it is home to the celebrity chef Rick Stein and he has a few restaurants in the town. Once we have cycled to the town, we will have time to explore the fun little gift shops and enjoy either some Stein's fish'n'chips or a pasty and an ice-cream while watching the boats

come in and out.

6. Porthcurno and the Minack – There are few places as special and dramatic as Porthcurno & the Minack Theatre. The theatre is carved into the cliff near Land's End.

Before watching the play, we will have some time on the beautiful Porthcurno beach to play beach games and relax. Then, we will take the scenic walk up the cliff steps to the magical Minack Theatre itself. Students often worry about whether they will be able to understand the full show, but don't worry, the shows at the Minack are very visual, fun shows aimed at all the family. As well as the theatre, there is the backdrop of the sunset over the Atlantic Ocean with birds diving for fish and, if we are really lucky, you will see dolphins jumping in the bay. before going to the Minack theatre for the evening show with a tasty supper to enjoy before the show starts.



7. Cornish Beaches – When the sun is shining, Cornwall has some of the most beautiful beaches in the world. On the Atlantic coast, there are hundreds of beaches with golden sand, big cliffs and rolling waves.

These beaches are quite different to Mediterranean beaches. We will take you to the best beaches in Cornwall so you can enjoy the sun, sand and surf of Cornwall.

We will play a variety of fun games on the beach. There is also the option of a surfing lesson for those who would like to go in the sea and try this fun sport. Like all good days on the beach, we will enjoy a tasty BBQ on the beach and there will be food to suit all dietary needs.

